

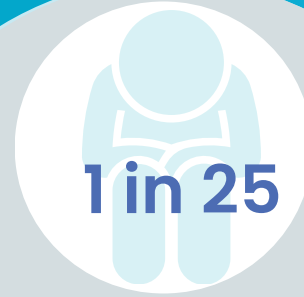


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# SIBLING SEXUAL TRAUMA

## (SIBLING SEXUAL ABUSE)

*Harmful or abusive sexual behavior between children who share the same home &/or the same parents*



**Sibling Sexual Trauma...**  
Affects 2-5% of children  
Happens in all types of families  
& in all places



## IT IS REAL

- Happens between children of any gender, with any age difference
- Kids may think it's mutual, but it's not
- As traumatic as sexual abuse by an adult
- Developmentally inappropriate behavior
- Usually long-lasting but can be just once

## IT IS UNIQUE

- Both are children: often difficult to recognize, even for a child being abused
- Juveniles who cause sexual harm need treatment & supervision, but not all will continue to offend as adults
- A family tragedy: *all* need support
- Surrounded by stigma & silence

## THERE IS HELP

**[siblingsexualtrauma.com](http://siblingsexualtrauma.com)**

- Information hub for all affected
- Includes links to online support groups, for adult survivors and for parents

### Recommended Live Helplines

- **[stopitnow.org](http://stopitnow.org)** online resources, and helplines in the US, UK, Australia, Belgium, & the Netherlands
- **[nomoredirectory.org](http://nomoredirectory.org)** worldwide directory of sexual assault hotlines
- **[whatsok.org](http://whatsok.org)** for teens-- text or voice

***You are not alone.***

**CONTACT US**

**INFO@5WAVES.ORG**