

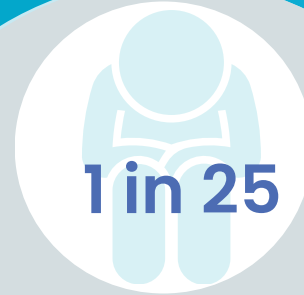


5WAVES.ORG

SIBLING SEXUAL TRAUMA

(SIBLING SEXUAL ABUSE)

Harmful or abusive sexual behaviour between children or young people who share the same home and/or the same parents



Sibling Sexual Trauma...
Affects 2-5% of children
Happens in all types of families
& in all places



IT IS REAL

- Happens between young people of any gender, with any age difference
- As traumatic as sexual abuse by an adult
- Children may think it's mutual, but it's not
- Developmentally inappropriate behaviour
- Usually long-lasting but can be just once

IT IS UNIQUE

- Both are children: often difficult to recognise, even for a child being abused
- Young people who cause sexual harm need treatment and supervision, but not all will continue to offend as adults
- A family tragedy: *all* need support
- Surrounded by stigma & silence

THERE IS HELP

siblingsexualtrauma.com

- Information hub for all affected
- Includes links to online support groups, for adult survivors and for parents

Recommended Live Helplines

- **stopitnow.org.uk** online resources, and helpline, excellent for parents and those who have harmed in the past
- **shorespace.org.uk** for teens
- **siblingsexualabusesupport.org** for any SSA survivor; **helpline ENG & WLS**
- **rapecrisishelp.ie** NIR
- **rapecrisisscotland.org.uk** SCT

You are not alone.

CONTACT US

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