



WORLDWIDE AWARENESS VOICE EDUCATION SUPPORT
5WAVES.ORG

SIBLING SEXUAL TRAUMA (SIBLING SEXUAL ABUSE)

Harmful or abusive sexual behavior between children who share the same home &/or the same parents



1 in 20

Sibling Sexual Trauma...
Affects at least 5% of children
Happens in all types of families
& in all places

IT IS REAL

- Happens between children of any gender, with any age difference
- Kids may think it's mutual, but it's not
- As traumatic as sexual abuse by an adult
- Developmentally inappropriate behavior
- Usually long-lasting but can be just once

IT IS UNIQUE

- Both are children: often difficult to recognize, even for child being abused
- Juveniles who cause sexual harm need treatment & supervision, but not all will continue to offend as adults
- A family tragedy: *all* need support
- Surrounded by stigma & silence



THERE IS HELP

siblingsexualtrauma.com

- Information hub for all affected
- Includes links to online support groups, for adult survivors and for parents

Recommended Live Helplines

- **stopitnow.org** online resources, and helplines in the US, UK, Australia, Belgium, & the Netherlands
- **nomoredirectory.org** worldwide directory of sexual assault hotlines
- **whatsok.org** for teens-- text or voice

You are not alone.

CONTACT US

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